



Program Descriptions

Jazz-HipHop: Jazz-HipHop is a fusion of Jazz and Hip Hop. Jazz Dance focuses on developing strength, flexibility while Hip Hop is an energetic fun class. Hip Hop incorporates popular "street styles" of dancing to the trendy, music of today. Combine the two styles and dancers are encouraged to step outside of the box by bringing their own individual style and personality to the movements.

Dance-Nastics: K - 12th grade. This hour long class focuses on the tumbling and acrobatic skills used in dance. In this class students will learn walkovers, aerials, handsprings and much more. Emphasis on core strength and flexibility!

Ballet: Dancers will be brought through creative movement and basic ballet steps. This class will help dancers with posture, flexibility, fitness, balance, self-discipline, and self-confidence.

Zumba: This class is designed to combine movement, music, and a healthy lifestyle for children. This fitness class is a rocking, high-energy dance party packed with specially choreographed, kid-friendly routines and all the music kids love.

Art Class: K - 12 grade. Children will explore color mixing, canvas painting, paper mache', printmaking, and sculpting.

Arts & Craft: Arts and crafts program will provide activities that will keep students' learning fun and engaged. With a wide range of DIY, decorative, and scientific arts and crafts activities. These different skills will allows kids to express their individuality.

Printmaking: Kids will have fun learning about and creating their own prints using different printmaking processes such as stamp making, monotype, styrofoam carving, pattern making and paper marbling.

Animation: This class teaches members the skills needed to create a fun and exciting animated movie. Members will learn to work with other members and to practice artistry, digital editing, and basic animation in this exciting program.

Podcast: This class has many educational benefits, including strengthening skills in research, writing, and collaboration. Podcasts are an incredible medium for kids. Audio is imaginative, easy to consume, and you don't need to "make time" to listen to a Podcast. Kids will learn how to create their own Podcast.

Music Production: Music Producer Program is a fun educational program in which students learn about music and basic production techniques like identifying song structure and working with the melody, beat, and other components of music. The program exposes kids to the creative art of music production using Garage Band application.

Jr. Leaders: Jr. Leader is a community service and leadership program for elementary school kids. The Jr. Leaders will learn how to be a team of young people that will better serve their community and their Club. They are encourage each other to make a positive impact for present and future generations.

Kids In The Kitchen: K - 12th Get kids cooking with easy recipes and essential kitchen skills, plus ideas and projects for the whole family, and how to make sure your kids are getting the nutrition they need.

LEGO Robotics: Kids design, build, and program robots, applying real world engineering, math and science concepts.

Tumbling & Back Hand Spring: K - 12th grade. This class help gain most needed skills for any cheer squad. This class will focus on drills and strength building to learn a back handspring and other tumbling skills on the floor.

Science with Seth: K - 5th grade. Every class with Seth begins with a fundamental question asked by kids every day. Hands-on science is used as a vehicle for engaging, discovering, and learning through actual experience, not just explanation.

Swimming: K - 12th. The kids will be transported to the YMCA in Glen Cove and back to the Club for pick up. Space is limited. Register on a first-come first-serve basis.

Basketball Instructional: K - 2nd. As the single most popular program, members learn the fundamentals of basketball while playing with their friends. With two gymnasiums available, the Club provides an excellent venue for practice. While stressing healthy competition, our Basketball program serves every skill level. Teams are formed by Athletic staff who evaluate players at a preseason workout, utilizing such factors as skill, speed, size and experience.(Grades K-2 program is included in the membership fee, but members must register.)

STOP IN... *And Register Today!*

WINTER
REGISTRATION

Member's Name: _____ D.O.B.: _____ Female/Male _____

Grade: _____ Parents Email: _____

Activity _____ Day _____ Time _____ Cost \$ _____

Activity _____ Day _____ Time _____ Cost \$ _____

Activity _____ Day _____ Time _____ Cost \$ _____

Total: \$ _____



Winter PROGRAMS 2019

January 7-March 22

MONDAY

Lego Robotics

Included with membership

3 - 5th 4:30pm-5:30pm

Art

\$75.00

5 - 12th 4:30pm- 5:30pm

Dance-Nastics

\$75.00

K - 4th 4:30pm-5:30pm
5 - 12th 5:30pm-6:30pm

TUESDAY

Art

\$75.00

K - 5th 4:30pm- 5:30pm

ZUMBA

\$50.00

K - 5th 4:30pm- 5:30pm

Animation

\$75.00

4 - 12th 4:30pm-5:30pm

WEDNESDAY

Basketball Instructional

Included with membership

K - 2nd 4:00pm-5:00pm

Ballet

\$50.00

K - 5th 4:30pm-5:30pm

Printmaking

\$75.00

6 - 12th 4:30pm-5:30pm

Science with Seth

Included with membership

K - 2nd 5:00pm-6:00pm

THURSDAY

Hip Hop/Jazz

\$50.00

K - 5th 4:30pm-5:30pm

Music Production

\$75.00

4 - 12th 4:30pm-5:30pm

Podcast

\$75.00

4 - 12th 4:30pm-5:30pm

Science with Seth

Included with membership

3 - 5th 5:30pm-6:30pm

FRIDAY

Basketball Instructional

Included with membership

K - 2nd 4:00pm-5:00pm

Tumbling & Back Hand Spring

\$75.00

K - 4th 4:00pm-5:00pm
5 - 12th 5:00pm-6:00pm

Junior Leaders

Included with membership

K - 5th 4:30pm-5:00pm

Swimming

\$200.00

K - 12th 5:00pm-6:00pm

Kids In the Kitchen

\$75.00

K - 5th 11:00am-12:00pm
6 - 12th 11:00am-12:00pm

Arts & Crafts

\$75.00

K - 5th 10:00am-11:00am

Pizza Friday

at 5:00pm - \$2 a slice • \$1 a drink

Pizza Saturday

at noon - \$2 a slice • \$1 a drink

Stay in touch with us.

For updates, enter this number: 81010 and text @kellyfer